Open Hemispheric Brain Dominance Scale 1.0

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Introduction

The OHBDS is a measure of the hypothesized left-brain versus right-brain preference. For information about the development of the OHBDS, visit <http://personality-testing.info/tests/OHBDS/development/>.

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Instructions

For each question 1-20, in the blank provided rate the item on a scale from 1 to 5 on how much you agree with the statement. For example, if you agree completely with question one put down a five in the empty space, if you entirely disagree with it put down 1, if you are neutral or unsure put down a 3.

Test Form

Q1	___	I do not need others praise.
Q2	___	I would prefer a class in mathematics to a class in pottery.
Q3	___	I never show up late.
Q4	___	I don't bother to the read instructions before I start putting something together.
Q5	___	I could not live in a mess.
Q6	___	I am totally random.
Q7	___	I like working with words.
Q8	___	I behave in a businesslike manner.
Q9	___	I come up with something new.
Q10	___	I am not easily disturbed by events.
Q11	___	I rarely cry during sad movies.
Q12	___	I plan my life logically.
Q13	___	I need a creative outlet.
Q14	___	I make decisions based on facts, not feelings.
Q15	___	I make a mess of things.
Q16	___	I get stressed out easily.
Q17	___	I am romantic.
Q18	___	I prize logic above all else.
Q19	___	I often forget to put things back in their proper place.
Q20	___	I am calm even in tense situations.

Scoring Instructions

Take the values for the test form and move them into the two equations below.

$$A = \underset{(Q1)}{\_\_} + \underset{(Q2)}{\_\_} + \underset{(Q3)}{\_\_} + \underset{(Q5)}{\_\_} + \underset{(Q8)}{\_\_} + \underset{(Q10)}{\_\_} + \underset{(Q11)}{\_\_} + \underset{(Q12)}{\_\_} + \underset{(Q14)}{\_\_} + \underset{(Q18)}{\_\_} + \underset{(Q20)}{\_\_} = \_\_\_\_\_$$

$$B = \underset{(Q4)}{\_\_} + \underset{(Q6)}{\_\_} + \underset{(Q7)}{\_\_} + \underset{(Q9)}{\_\_} + \underset{(Q13)}{\_\_} + \underset{(Q15)}{\_\_} + \underset{(Q16)}{\_\_} + \underset{(Q17)}{\_\_} + \underset{(Q19)}{\_\_} = \_\_\_\_\_$$

Compute the values for A and B then put them into the equation below.

$$X = 66 - \underset{(A)}{\_\_\_\_\_} + \underset{(B)}{_____} =$$

X is your final score. It should be between 20 and 100. Higher scores indicate more right-brained thinking. Lower scores indicate left-brained thinking.

If you want to categorize yourself, you can use the table below.

Range	Results
20-55	Left-brained
56-64	No clear preference
65-100	Right-brained